Ministry of Education
Government of India
सत्यमेव जयते

PARAKH
Performance Assessment, Review, and Analysis of Knowledge for Holistic Development

विद्यया ऽमृतमश्नुते
एन सी ई आर टी
NCERT

HOLISTIC PROGRESS CARD (HPC)

PREPARATORY STAGE

HOLISTIC PROGRESS CARD (HPC)

Preparatory Stage

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HOLISTIC PROGRESS CARD (HPC)
Preparatory Stage

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Holistic Progress Card

HPC

PREPARATORY STAGE

PART A (1)

Name and Address of the School: .....

..... **Pin Code:** | | | | | | |

UDISE Code: | | | | | | | | | | | | **Teacher Code:** | | | |

APAAR ID: .....

GENERAL INFORMATION

(To be filled by the teacher in consultation with caregiver/parent)

Student Name: _____

Roll No.: _____ Registration No.: _____

Class: Grade 3 ☐ Grade 4 ☐ Grade 5 ☐

Section: _____ Date of Birth: _____

Address: _____

_____ Phone: _____

Photograph

Mother/Guardian Name: _____

Mother/Guardian Education: _____ Mother/Guardian Occupation: _____

Father/Guardian Name: _____

Father/Guardian Education: _____ Father/Guardian Occupation: _____

Number of siblings: _____ Siblings' age: _____

Mother Tongue: _____ Medium of Instruction: _____

Rural/Urban: _____

ATTENDANCE

MONTHS	APR	MAY	JUNE	JUL	AUG	SEP	OCT	NOV	DEC	JAN	FEB	MAR
No. of Working Days												
No. of Days Attended												
% of Attendance												
If attendance is low then reasons thereof												

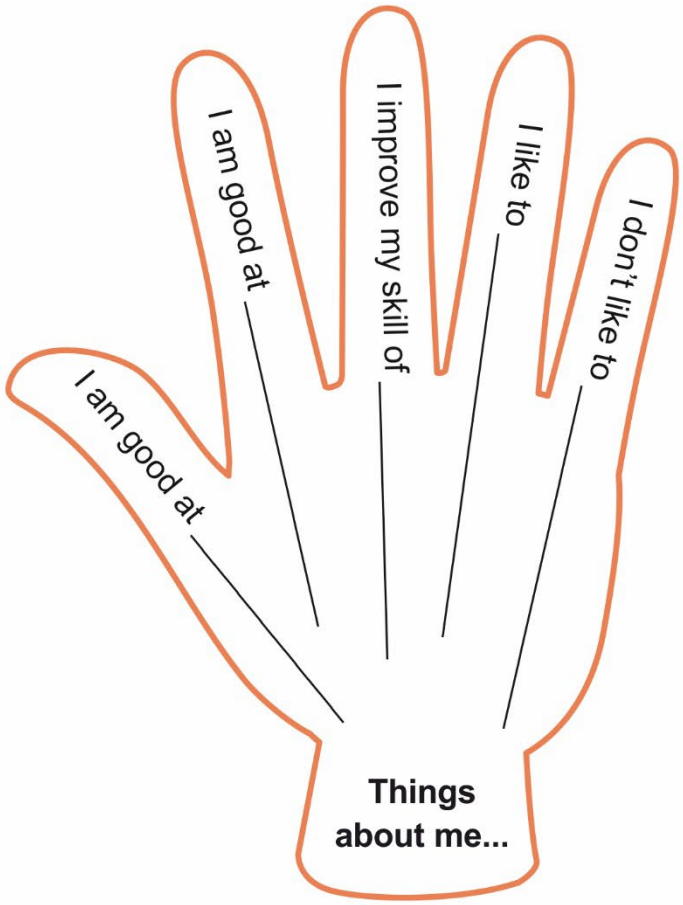
PART A (2)

My name is:

I am ..... years old.

My Family

Paste a picture or draw



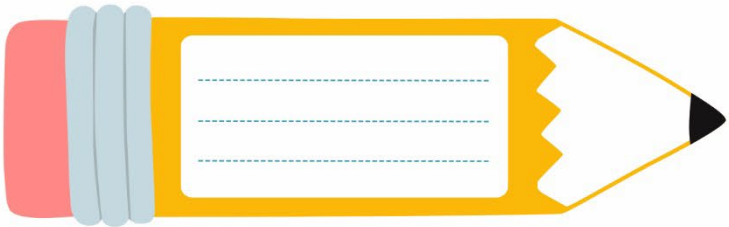
Some of my favorite things...

Food:

Games:

Festivals:

When I grow up I want to be...



My Hero!

One person who inspires me is...

Three things I want to learn this school year:

PART A (3)

How do I feel at school?

Circle the most appropriate option for each sentence.

1. I can talk about how I feel, e.g., happy, confident, upset, or angry.				
	Yes	Sometimes	No	Not sure
2. I can calm myself down during difficult situations.				
	Yes	Sometimes	No	Not sure
3. I can understand how my friends feel.				
	Yes	Sometimes	No	Not sure
4. I respect everyone's opinions.				
	Yes	Sometimes	No	Not sure
5. I can help my friends make up after a fight.				
	Yes	Sometimes	No	Not sure
6. When someone is sad, I can make them feel better.				
	Yes	Sometimes	No	Not sure
7. I think I do well at school.				
	Yes	Sometimes	No	Not sure

Peer Feedback

Peer 1

Circle the most appropriate option for each sentence.

My name: _____

My friend's name: _____

1. My friend can talk about how he/she feels, e.g., happy, confident, upset, or angry.	 Yes	 Sometimes	 No	 Not sure
2. My friend can calm himself/herself down during difficult situations.	 Yes	 Sometimes	 No	 Not sure
3. My friend can understand how his/her friends feel.	 Yes	 Sometimes	 No	 Not sure
4. My friend respects everyone's opinions.	 Yes	 Sometimes	 No	 Not sure
5. My friend can help others make up after a fight.	 Yes	 Sometimes	 No	 Not sure
6. When someone is sad, my friend can make them feel better.	 Yes	 Sometimes	 No	 Not sure

Peer Feedback

Peer 2

Circle the most appropriate option for each sentence.

My name: _____

My friend's name: _____

1. My friend can talk about how he/she feels, e.g., happy, confident, upset, or angry.	 Yes	 Sometimes	 No	 Not sure
2. My friend can calm himself/herself down during difficult situations.	 Yes	 Sometimes	 No	 Not sure
3. My friend can understand how his/her friends feel.	 Yes	 Sometimes	 No	 Not sure
4. My friend respects everyone's opinions.	 Yes	 Sometimes	 No	 Not sure
5. My friend can help others make up after a fight.	 Yes	 Sometimes	 No	 Not sure
6. When someone is sad, my friend can make them feel better.	 Yes	 Sometimes	 No	 Not sure

Your Child Matters!

Tick the resources available to your child at home.

					
Books	**Magazines**	**Toys and Games**	**Mobile phone**	**Computer**	**Internet**
☐	☐	☐	☐	☐	☐

How can I know your child better?

Circle the most appropriate option for each statement.

1. My child finds the classroom and school a welcoming and safe space.	 **Yes**	 **Sometimes**	 **No**	 **Not sure**
2. My child participates in academic and co-curricular activities in school.	 **Yes**	 **Sometimes**	 **No**	 **Not sure**
3. My child finds the grade-level curriculum difficult.	 **Yes**	 **Sometimes**	 **No**	 **Not sure**
4. My child is making good progress as per their grade.	 **Yes**	 **Sometimes**	 **No**	 **Not sure**
5. My child is getting the support needed from school.	 **Yes**	 **Sometimes**	 **No**	 **Not sure**

6. My child can talk about how he/she feels, e.g., happy, upset, or angry.				
	Yes	**Sometimes**	**No**	**Not sure**
7. My child can calm himself/herself down during difficult situations.				
	Yes	**Sometimes**	**No**	**Not sure**
8. My child can understand how his/her friends feel.				
	Yes	**Sometimes**	**No**	**Not sure**
9. My child respects everyone's opinions.				
	Yes	**Sometimes**	**No**	**Not sure**
10. My child can help his/her friends make up after a fight.				
	Yes	**Sometimes**	**No**	**Not sure**
11. When someone is sad, my child can make them feel better.				
	Yes	**Sometimes**	**No**	**Not sure**

My child needs support with…			
☐	Oral communication (R1 or R2)	☐	Working with other children
☐	Reading	☐	Working independently at home
☐	Numbers and Math	☐	Other subject areas Specify: _____
☐	Self-confidence		

PART B

Learning Standard: Language Education (R1)					
Curricular Goals *(Can choose one or more)*	☐ L1CG1	☐ L1CG2	☐ L1CG3	☐ L1CG4	☐ L1CG5
Competencies *(Can choose one or more)*	☐ L1C1.1 ☐ L1C3.1 ☐ L1C4.1	☐ L1C1.2 ☐ L1C3.2 ☐ L1C4.2	☐ L1C1.3 ☐ L1C3.3 ☐ L1C5.1	☐ L1C2.1 ☐ L1C3.4 ☐ L1C5.2	☐ L1C2.2
Activity					
Assessment Questions					

ASSESSMENT RUBRIC*			
Abilities	**Beginner**	**Proficient**	**Advanced**
Awareness			
Sensitivity			
Creativity			

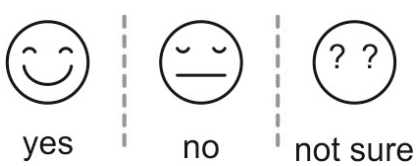
* Please write the assessment rubric for the performance levels of each ability.

Teacher's Feedback			
Abilities	**Key Performance Level Descriptors**		
	Beginner	**Proficient**	**Advanced**
Awareness			
Sensitivity			
Creativity			

*Please put a tick mark (✓) to indicate the performance level of each ability.

Observational Notes

Think about how the learner performed…	
What challenges did the learner face?	How did they overcome them? / How did you help them?

Self-Assessment	
Please answer the following regarding the activity you just completed. **Colour the emoji for each statement.**	
I followed my teacher's instructions.	
I liked doing this work.	
I asked for help if I didn't understand.	
I tried my best in this task.	
I am proud of my work.	
I want to do this task again.	
I liked working with my classmate/s.	
I could ask my classmates for help, and they helped me.	

Learning Standard: Language Education(R2)					
Curricular Goals *(Can choose one or more)*	☐ L2CG1	☐ L2CG2	☐ L2CG3	☐ L2CG4	
Competencies *(Can choose one or more)*	☐ L2C1.1	☐ L2C1.2	☐ L2C1.3	☐ L2C1.4	☐ L2C2.1
	☐ L2C2.2	☐ L2C2.3	☐ L2C2.4	☐ L2C2.5	☐ L2C3.1
	☐ L2C3.2	☐ L2C3.3	☐ L2C4.1		
Activity					
Assessment Questions					

ASSESSMENT RUBRIC*			
Abilities	**Beginner**	**Proficient**	**Advanced**
Awareness			
Sensitivity			
Creativity			

* Please write the assessment rubric for the performance levels of each ability.

Teacher's Feedback			
Abilities	**Key Performance Level Descriptors**		
	Beginner	**Proficient**	**Advanced**
Awareness			
Sensitivity			
Creativity			

*Please put a tick mark (✓) to indicate the performance level of each ability.

Observational Notes

Think about how the learner performed…	
What challenges did the learner face?	**How did they overcome them? / How did you help them?**

Self-Assessment	
Please answer the following regarding the activity you just completed. **Colour the emoji for each statement.**	
I followed my teacher's instructions.	
I liked doing this work.	
I asked for help if I didn't understand.	
I tried my best in this task.	
I am proud of my work.	
I want to do this task again.	
I liked working with my classmate/s.	
I could ask my classmates for help, and they helped me.	

Learning Standard: Mathematics					
Curricular Goals *(Can choose one or more)*	☐ MCG1	☐ MCG2	☐ MCG3	☐ MCG4	☐ MCG5
Competencies *(Can choose one or more)*	☐ MC1.1 ☐ MC2.2 ☐ MC3.3 ☐ MC4.1	☐ MC1.2 ☐ MC2.3 ☐ MC3.4 ☐ MC4.2	☐ MC1.3 ☐ MC2.4 ☐ MC3.5 ☐ MC4.3	☐ MC1.4 ☐ MC3.1 ☐ MC3.6 ☐ MC5.1	☐ MC2.1 ☐ MC3.2 ☐ MC3.7
Activity					
Assessment Questions					

ASSESSMENT RUBRIC*			
Abilities	**Beginner**	**Proficient**	**Advanced**
Awareness			
Sensitivity			
Creativity			

* Please write the assessment rubric for the performance levels of each ability.

Teacher's Feedback			
Abilities	**Key Performance Level Descriptors**		
	Beginner	**Proficient**	**Advanced**
Awareness			
Sensitivity			
Creativity			

*Please put a tick mark (✓) to indicate the performance level of each ability.

Observational Notes

Think about how the learner performed…	
What challenges did the learner face?	How did they overcome them? / How did you help them?

Self-Assessment	
Please answer the following regarding the activity you just completed. **Colour the emoji for each statement.**	
I followed my teacher's instructions.	
I liked doing this work.	
I asked for help if I didn't understand.	
I tried my best in this task.	
I am proud of my work.	
I want to do this task again.	
I liked working with my classmate/s.	
I could ask my classmates for help, and they helped me.	

Learning Standard: The World Around Us				
Curricular Goals *(Can choose one or more)*	☐ TWCG1	☐ TWCG2	☐ TWCG3	☐ TWCG4
	☐ TWCG5	☐ TWCG6	☐ TWCG7	
Competencies *(Can choose one or more)*	☐ TWC1.1	☐ TWC1.2	☐ TWC1.3	☐ TWC1.4
	☐ TWC1.5	☐ TWC2.1	☐ TWC2.2	☐ TWC2.3
	☐ TWC3.1	☐ TWC3.2	☐ TWC3.3	☐ TWC4.1
	☐ TWC4.2	☐ TWC4.3	☐ TWC4.4	☐ TWC4.5
	☐ TWC4.6	☐ TWC4.7	☐ TWC5.1	☐ TWC5.2
	☐ TWC5.3	☐ TWC6.1	☐ TWC6.2	☐ TWC7.1
	☐ TWC7.2			
Activity				
Assessment Questions				

ASSESSMENT RUBRIC*			
Abilities	**Beginner**	**Proficient**	**Advanced**
Awareness			
Sensitivity			
Creativity			

* Please write the assessment rubric for the performance levels of each ability.

Teacher's Feedback			
Abilities	**Key Performance Level Descriptors**		
	Beginner	**Proficient**	**Advanced**
Awareness			
Sensitivity			
Creativity			

*Please put a tick mark (✓) to indicate the performance level of each ability.

Observational Notes

Think about how the learner performed…	
What challenges did the learner face?	How did they overcome them? / How did you help them?

Self-Assessment	
Please answer the following regarding the activity you just completed. **Colour the emoji for each statement.**	
I followed my teacher's instructions.	
I liked doing this work.	
I asked for help if I didn't understand.	
I tried my best in this task.	
I am proud of my work.	
I want to do this task again.	
I liked working with my classmate/s.	
I could ask my classmates for help, and they helped me.	

Learning Standard: Art Education (AE)	
Visual Arts (VA)/ Theatre (T)/ Music (MU)/ Dance and Movement (DM)	
Curricular Goals *(Can choose one or more)*	☐ VACG1 ☐ VACG2 ☐ VACG3 ☐ VACG4 ☐ AECG1 ☐ TCG1 ☐ TCG2 ☐ TCG3 ☐ TCG4 ☐ AECG1 ☐ MUCG1 ☐ MUCG2 ☐ MUCG3 ☐ MUCG4 ☐ AECG1 ☐ DMCG1 ☐ DMCG2 ☐ DMCG3 ☐ DMCG4 ☐ AECG1
Competencies *(Can choose one or more)*	☐ VAC1.1 ☐ VAC1.2 ☐ VAC2.1 ☐ VAC2.2 ☐ VAC3.1 ☐ VAC3.2 ☐ VAC4.1 ☐ VAC4.2 ☐ AEC1.1 ☐ AEC1.2 ☐ AEC1.3 ☐ TC1.1 ☐ TC1.2 ☐ TC2.1 ☐ TC2.2 ☐ TC3.1 ☐ TC3.2 ☐ TC4.1 ☐ TC4.2 ☐ AEC1.1 ☐ AEC1.2 ☐ AEC1.3 ☐ MUC1.1 ☐ MUC1.2 ☐ MUC2.1 ☐ MUC2.2 ☐ MUC3.1 ☐ MUC3.2 ☐ MUC4.1 ☐ MUC4.2 ☐ AEC1.1 ☐ AEC1.2 ☐ AEC1.3 ☐ DMC1.1 ☐ DMC1.2 ☐ DMC2.1 ☐ DMC2.2 ☐ DMC3.1 ☐ DMC3.2 ☐ DMC4.1 ☐ DMC4.2 ☐ AEC1.1 ☐ AEC1.2 ☐ AEC1.3
Activity	
Assessment Questions	

ASSESSMENT RUBRIC*			
Abilities	**Beginner**	**Proficient**	**Advanced**
Awareness			
Sensitivity			
Creativity			

* Please write the assessment rubric for the performance levels of each ability.

Teacher's Feedback			
Abilities	**Key Performance Level Descriptors**		
	Beginner	**Proficient**	**Advanced**
Awareness			
Sensitivity			
Creativity			

*Please put a tick mark (✓) to indicate the performance level of each ability.

Observational Notes

Think about how the learner performed…	
What challenges did the learner face?	**How did they overcome them? / How did you help them?**

Self-Assessment	
Please answer the following regarding the activity you just completed. **Colour the emoji for each statement.**	
I followed my teacher's instructions.	
I liked doing this work.	
I asked for help if I didn't understand.	
I tried my best in this task.	
I am proud of my work.	
I want to do this task again.	
I liked working with my classmate/s.	
I could ask my classmates for help, and they helped me.	

Learning Standard 1 & 2 : Physical Education	
Curricular Goals *(Can choose one or more)*	**Learning Standard1** ☐ P1CG1 ☐ P1CG2 ☐ P1CG3 ☐ P1CG4 **Learning Standard2** ☐ P2CG1 ☐ P2CG2 ☐ P2CG3
Competencies *(Can choose one or more)*	**LS1** ☐ P1C1.1 ☐ P1C1.2 ☐ P1C1.3 ☐ P1C1.4 ☐ P1C2.1 ☐ P1C2.2 ☐ P1C2.3 ☐ P1C2.4 ☐ P1C2.5 ☐ P1C3.1 ☐ P1C3.2 ☐ P1C4.1 **LS1** ☐ P2C1.1 ☐ P1C1.2 ☐ P1C1.3 ☐ P2C2.1 ☐ P2C2.2 ☐ P2C2.3 ☐ P2C2.4 ☐ P2C2.5 ☐ P2C3.1 ☐ P2C3.2
Activity	
Assessment Questions	

ASSESSMENT RUBRIC*			
Abilities	**Beginner**	**Proficient**	**Advanced**
Awareness			
Sensitivity			
Creativity			

* Please write the assessment rubric for the performance levels of each ability.

Teacher's Feedback			
Abilities	**Key Performance Level Descriptors**		
	Beginner	**Proficient**	**Advanced**
Awareness			
Sensitivity			
Creativity			

*Please put a tick mark (✓) to indicate the performance level of each ability.

Observational Notes

Think about how the learner performed…	
What challenges did the learner face?	How did they overcome them? / How did you help them?

Self-Assessment	
Please answer the following regarding the activity you just completed. **Colour the emoji for each statement.**	
I followed my teacher's instructions.	
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I tried my best in this task.	
I am proud of my work.	
I want to do this task again.	
I liked working with my classmate/s.	
I could ask my classmates for help, and they helped me.	

PART C

SUMMARY FOR THE ACADEMIC YEAR

Tick the appropriate performance level descriptor and write an observational note for each category based on performance throughout the academic year.

Language (R1)		Performance Level Descriptors		
		 BEGINNER	 PROFICIENT	 ADVANCED
ABILITIES	Awareness	☐	☐	☐
	Sensitivity	☐	☐	☐
	Creativity	☐	☐	☐

Language (R2)		Performance Level Descriptors		
		 BEGINNER	 PROFICIENT	 ADVANCED
ABILITIES	Awareness	☐	☐	☐
	Sensitivity	☐	☐	☐
	Creativity	☐	☐	☐

Mathematics		Performance Level Descriptors		
		 BEGINNER	 PROFICIENT	 ADVANCED
ABILITIES	Awareness	☐	☐	☐
	Sensitivity	☐	☐	☐
	Creativity	☐	☐	☐

The World Around Us		Performance Level Descriptors		
		 BEGINNER	 PROFICIENT	 ADVANCED
ABILITIES	**A**wareness	☐	☐	☐
	Sensitivity	☐	☐	☐
	Creativity	☐	☐	☐

Art Education		Performance Level Descriptors		
		 BEGINNER	 PROFICIENT	 ADVANCED
ABILITIES	**A**wareness	☐	☐	☐
	Sensitivity	☐	☐	☐
	Creativity	☐	☐	☐

Physical Education		Performance Level Descriptors		
		 BEGINNER	 PROFICIENT	 ADVANCED
ABILITIES	**A**wareness	☐	☐	☐
	Sensitivity	☐	☐	☐
	Creativity	☐	☐	☐

Overall		Performance Level Descriptors		
		 BEGINNER	 PROFICIENT	 ADVANCED
ABILITIES	**A**wareness	☐	☐	☐
	Sensitivity	☐	☐	☐
	Creativity	☐	☐	☐

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Shri Gyanendra Kumar, Assistant Commissioner

Kendriya Vidyalaya Sangathan (KVS)

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Shri N.R. Murali, Joint Commissioner

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